



PORT MOODY AQUARIANS GOLDEN SPIKE INVITATIONAL June 25-26, 2022

Westhill Pool, Port Moody
203 Westhill Place (at the end of Glenayre Drive)

POOL SET UP

- 5-lane, 25-meter competition pool
- Colorado Timing System/HYTEK Meet Manager

MEET RULES

- The meet will be run under the most current BCSSA rules.
- Events will be timed finals by Division.
- 25-meter events will be held for each of the 4 strokes and will be scheduled before the DIV 1 event of that stroke.
- Relays will be timed finals and take place at the end of the heats each day.

DEADLINES

- Entry deadline: Tuesday, June 21 by 4:00pm. Any changes to meet entries are due by 12:00am Wednesday, June 22.
- Scratch deadline: Due by 7:30am each morning.
- Relay entries: Due by 10:00am each morning.
- Deck entries are NOT permitted.

ENTRIES

- Submit HYTEK or ACTIVE entries to our Meet Manager at:
pma.meetmanager@gmail.com
- Maximum of six (6) events per swimmer PLUS two (2) relays. No more than four (4) events per day.
- Heat placements will be available prior to the meet but are subject to change depending on scratches received.
- **TURTLE RACES FOR MINIS (Sunday, June 26):** Minis from all clubs are invited to swim in fun 25-meter exhibition races!
 - Pool noodle or kick board can be used.
 - A coach can be in the water with the swimmer if needed.
 - These swimmers cannot be entered in other 25-meter event races.
- **ELIMINATOR 50 FREE:** All "S" swimmers born in 2004 or later are eligible. Swimmers cannot register for this event.
 - ROUND 1 will consist of the 50 Free heat times on Saturday for all eligible swimmers.

- Fastest FIVE (5) swimmers will face off in ROUND 2 on Sunday after the DIV 3 Backstroke events.
- Fastest TWO (2) swimmers from Round 2 will face off in the FINALS which is scheduled immediately following the Parent Relays.

MEET START TIME

- Warm up: 7:00-8:00am – warm-up times will be in 30-min blocks; and clubs will be informed of their times closer to the meet.
- Races Start: 8:30am

OFFICIALS

- Each club attending the meet is asked to supply deck officials and timers for each day of the meet. Lane responsibilities will be emailed to clubs just prior to the meet.
- Officials meeting: 8:00am each day
- Coaches meeting: 8:10am each day

AWARDS

- Ribbons will be awarded for 1st to 6th place for individual events, and 1st to 3rd place for relays. Coaches can pick up ribbons at the conclusion of Sunday's events.
- Eliminator 50 Free winner and runner-up will receive a Championship award. There will be NO individual points awarded for this event.
- Train "Whistle" Races: A train whistle will blow before randomly selected heats where the winner of that heat will receive a prize.
- Golden Spike Pins for swimmers who earn five (5) best times in individual events. Swimmers must have a seed time to be eligible and be registered for five (5) individual events.

FEES

- **Individual Events: \$7.50 per swimmer**
- **Relays: \$10.00 per relay**
- Late entries (as outlined in ENTRIES on page 1): \$10.00 per entry
- **Payment options:**
 - cheque payable to "Port Moody Aquarians"
 - etransfer to pmatreasurer@gmail.com

SCORING

- Points awarded as follows:

Individual Events:

1 st place – 7pts	4 th place – 3pts
2 nd place – 5pts	5 th place – 2pts
3 rd place – 4pts	6 th place – 1pts

Relays:

1 st place – 14pts	4 th place – 6pts
2 nd place – 10pts	5 th place – 4pts
3 rd place – 8pts	6 th place – 2pts

- No points are awarded for the 25-meter events and the Eliminator 50 Free races.

PARENTS AND COACHES and ALUMNI RELAYS

- Don't just cheer for the kids! Get in the water! Parent, Alumni and Coaches are invited to our fun relay events on Sunday.
- 200-meter freestyle relay event (for 4 or 8 people).
- Prizes for the parent team with the best costumes and for the fastest time.
- Bragging rights for Coaches Medley Relay!
- All swimmers must be registered with BCSSA. Registration will be available on site.

CONCESSION

- Open both days. Packaged snacks available throughout the day.
- Grill:
 - Breakfast served from 7:00am – 10:30am
 - Lunch served from 11:00am – 4:00pm

RAFFLE BASKETS / SILENT AUCTIONS / ONLINE 50/50

- Raffle baskets and silent auctions will be on display to win
- 50/50 online tickets will be on sale June 1 to June 26. Details to follow.

Please direct all inquiries to: Tammy Raesler, PMA President
pmapresident@gmail.com

Kerry LeCorre, PMA Director of Competition
pmadirectorcompetition@gmail.com

Please submit all entries to: Aliisa Sarte, PMA Meet Manager
pmameetmanager@gmail.com

SATURDAY, JUNE 25, 2022**Warm up: 7:00am to 8:00am****Races Start: 8:30am**

GIRLS	EVENT	BOYS
101	Div 1 100IM	102
103	Div 2 100IM	104
105	Div 3 100IM	106
107	O Cat 1 100IM	108
109	Div 4 200IM	110
111	Div 5 200IM	112
113	Div 6 200IM	114
115	O Cat 2 200IM	116
117	Div 7 200IM	118
119	O8 200IM	120
1	Mixed 25m Free	1
121	Div 1 50 Free	122
123	Div 2 50 Free	124
125	Div 3 50 Free	126
127	O Cat 50 Free	128
129	Div 4 50 Free	130
131	Div 5 50 Free	132
133	Div 6 50 Free	134
135	O Cat 2 50 Free	136
137	Div 7 50 Free	138
139	O8 50 Free	140

GIRLS	EVENT	BOYS
2	Mixed 25 Fly	2
141	Div 1 50 Fly	142
143	Div 2 50 Fly	144
145	Div 3 50 Fly	146
147	O Cat 1 50 Fly	148
149	Div 4 100 Fly	150
151	Div 5 100 Fly	152
153	Div 6 100 Fly	154
155	O Cat 2 100 Fly	156
157	Div 7 100 Fly	158
159	O8 100 Fly	160
161	Div 1 200m Medley Relay	162
163	Div 2 200m Medley Relay	164
165	Div 3 200m Medley Relay	166
167	Div 4 200m Medley Relay	168
169	Div 5 200m Medley Relay	170
171	Div 6 200m Medley Relay	172
173	Div 7 200m Medley Relay	174
175	O8 200m Medley Relay	176

SUNDAY, JUNE 26, 2022
Warm up: 7:00am to 8:00am
Races Start: 8:30am

GIRLS	EVENT	BOYS
201	Div 4 50 Fly	202
203	Div 5 50 Fly	204
205	Div 6 50 Fly	206
207	O Cat 2 50 Fly	208
209	Div 7 50 Fly	210
211	O8 50 Fly	212
3	Mixed 25 Back	3
213	Div 1 50 Back	214
215	Div 2 50 Back	216
217	Div 3 50 Back	218
920	50 Free Eliminator	921
219	O Cat 1 50 Back	220
221	Div 4 100 Back	222
223	Div 5 100 Back	224
225	Div 6 100 Back	226
227	O Cat 2 100 Back	228
229	Div 7 100 Back	230
231	O8 100 Back	232
4	Mixed 25 Breast	4
233	Div 1 50 Breast	234
235	Div 2 50 Breast	236
237	Div 3 50 Breast	238
239	O Cat 1 50 Breast	240
241	Div 4 100 Breast	242
243	Div 5 100 Breast	244
245	Div 6 100 Breast	246

GIRLS	EVENT	BOYS
247	O Cat 2 100 Breast	248
249	Div 7 100 Breast	250
251	O8 100 Breast	252
	Minis/Turtles Exhibition Race	
900	Parent/Coach/Alumni Relays	901
922	50 Free Eliminator FINALS	923
253	Div 1 100 Free	254
255	Div 2 100 Free	256
257	Div 3 100 Free	258
259	O Cat 1 100 Free	260
261	Div 4 100 Free	262
263	Div 5 100 Free	264
265	Div 6 100 Free	266
267	O Cat 2 100 Free	268
269	Div 7 100 Free	270
271	O8 100 Free	272
273	Div 1 200m Free Relay	274
275	Div 2 200m Free Relay	276
277	Div 3 200m Free Relay	278
279	Div 4 200m Free Relay	280
281	Div 5 200m Free Relay	282
283	Div 6 200m Free Relay	284
285	Div 7 200m Free Relay	286
287	O8 200m Free Relay	288