



# VANCOUVER VIKINGS

**Vancouver Vikings Invitational Swim Meet**  
*- Meet at WaterMania -*

**July 16 and 17, 2022**  
Watermania  
1430 Entertainment Blvd. | Richmond, B.C.

## Meet Officials

**Meet Managers:** Gavin Forsyth (meetmanager@vancouvervikings.com)  
Addy Ching (Hy-tek and electronics)  
Jim Ellithorpe (Officials)

**Meet Referee:** Angel Lee

**Meet Entries:** Addy Ching (addyching@gmail.com)  
Gavin Forsyth (meetmanager@vancouvervikings.com)



## Meet Format

### Course:

25 meters (to a bulkhead), 8 lanes, Omega Electronic Timing, Hy-tek Meet Manager.

### Individual Events:

The Vancouver Vikings Meet is a cardless meet running timed finals. All swimmers (A & B) will be seeded by division, according to the entry time submitted. Coaches should give swimmers entered with no time (NT) an **accurate estimate** of a seed time to ensure efficiency of heats. O Cat swimmers will compete in their own events, but may swim in heats with non-O Cat swimmers. See the event list at the end of this package.

### Relays:

We will be running the following relays:

#### Saturday - 200 IM

Teams comprised of four girls and four boys from each of the following divisions (no O Cat):

- Div 1
- Div 2
- Div 3
- Div 4
- Div 5
- Div 6, 7, 8

#### Sunday - 200 Free

Teams comprised of four girls and four boys from each of the following divisions (no O Cat):

- Div 1
- Div 2
- Div 3
- Div 4
- Div 5
- Div 6, 7, 8

Relays will be swum as timed finals at the end of heats.

In order to build club spirit there will be a "**Coaches Challenge 4X200**" relay which all club's coaches are encouraged to enter! This event will be run on Sunday afternoon, (we think) after event 118



Relay team entries must be submitted on relay forms to the Clerk of the Course not later than 10:00 AM the day of the relay.

## 6-and-Under

We will run two events from the 6 and under age group: (a) 25m freestyle on Saturday; and (b) 25m backstroke on Sunday. In water chaperones are acceptable.

### Rules:

Unless otherwise specified, current 2019, BCSSA rules governing swim meets will be in effect. All results will be recorded to 1/100<sup>th</sup> of a second.

### Entries:

Please submit entries **by 9PM Sunday July 10<sup>th</sup>, 2022:**

- Entries will be extended to all V and D clubs, and then clubs in other regions based on the decision of the Vikings Club President ([president@vancouvervikings.com](mailto:president@vancouvervikings.com))
- in a Hy-Tek file accompanied with your Team's Athletes Roster (**an electronic file will be posted at the BCSSA website at least two weeks prior to the meet**). If a swimmer has no time, "NT", coaches please make an accurate estimate to ensure appropriate seeding to keep the meet moving.
- Entries must be submitted using Team Manager or Swim Manager by 9PM Sunday July 10<sup>th</sup>, 2022. If using Swim Manager, please complete your entries carefully.
- A team roster and contact information of the person responsible for the meet entries must be submitted along with your entries. For clubs using Team Manager, a roster can be exported out of Team Manager. If you are using Swim Manager, an Excel spreadsheet exported from Swim Manager **MUST** include **first name, last name, birthdate, swimmer ID number, "S" or "O" category or division of athletes**
- Events will be combined where possible but will be scored separately.
- Email all entries to [addyching@gmail.com](mailto:addyching@gmail.com) and copied to [meetmanager@vancouvervikings.com](mailto:meetmanager@vancouvervikings.com). Once entries have been received, you will get a confirmation email back from Addy Ching. If you have any questions regarding exporting a roster, please contact Addy Ching at 604-230-8380. There will be no



changes or late entries after Tuesday July 12<sup>th</sup>, 9am. Scratches after this will not be refunded.

Please provide a contact name with phone, and email information in case there are any problems with your club's entries. **Note: The Meet Manager and Viking's President reserve the right to limit event and swimmer entries to ensure numbers are manageable. Preference will be given to V and D clubs should entries exceed what we can handle.**

**Entry Fees As per V&D guidelines: \$10.00** per individual event and **\$16.00** per relay. Cheques should be made payable to: **VANCOUVER VIKINGS**. Clubs must pay for their meet entries on Saturday July 16<sup>th</sup>, 2022, by 10am, to the Meet Manager, Gavin Forsyth.

### **NO DECK OR LATE ENTRIES WILL BE ACCEPTED.**

Swimmers may enter up to **FOUR** individual events and **TWO** relays. **Scratches:** A list of scratches should be submitted in writing to the Clerk of the Course by 7:30am on each day of the meet. Day-of scratches should be submitted to the Clerk as soon as possible.

#### **Awards:**

6 and Under	Special Awards
Div 1 - 8	1-8th place ribbons
O-1 and O-2	1-8th place ribbons
Relays	Special Awards for first place teams, 1-8 <sup>th</sup> Ribbons

#### **Marshalling:**

Marshalling (please read carefully):

- All swimmers in all Divisions are to enter the Marshalling Area located on the North side of Watermania. The Clerk's desk will be at this entrance.
- **Div 1 - 4 and O-Cat 1 individual heats will be marshalled.** Swimmers to check in with the Clerk and proceed as directed through marshalling.
- **Div 5 - 8 and O-Cat 2 individual heats will not** be required to check in with the Clerk of the Course and will **NOT** be formally marshalled.
  - **IMPORTANT:** Even if not being marshalled, all swimmers are asked to enter the competition deck from the exterior entrance located on the North side of Watermania. Swimmers should organize themselves into their heats outside (off the competition deck) and wait for their heat in the marshalling area outside Watermania. **Swimmers will NOT be permitted to access the blocks from the south side of the deck (ie from coaches' tables).**



- **All Relays will be marshalled for all Divisions.** All swimmers to check-in with the Clerk and proceed as directed through marshalling.
- Coaches tables will be set up along the south side of the deck so swimmers may meet with their coaches before and after races without having to cross behind the starting blocks. **Unless about to start their race, no swimmers are to be behind the blocks. Access to coaches tables will be from the South side of Watermania only.**
- Swimmers will not have access to the North side of the Deck which will be reserved for Officials.
- Changing Room access will be from the South and West side of the competition deck.
- During competition times, bulkhead access will please be limited to Officials and Lifeguards only.

Events will be posted on the white board located at the entrance to Marshalling and announced on Twitter (@vanvikingsmeet).

### Results:

Results will be posted following each event in the hallway on the Southeast side of Watermania.. Results will also be available on Meet Mobile during the Meet. Final results will be posted on the BCSSA website.

### Swimmers' and Spectators' Behaviour:

Swimmers must conduct themselves safely and respectfully. A responsible adult must be in attendance for each swimmer. Please no leaving children under 14 years old without a parent or guardian or another family to take care of them.

There is to be no running on the pool deck or jumping from the stairs or bleachers onto the deck. Please obey all signs directing swimmers to the marshalling area; do not shortcut across the pool deck to marshalling.

When not in marshalling or racing, swimmers should be in the stands or outside.

As there is limited seating capacity on the bleachers, spectators will be asked to keep moving from the bleachers to allow all supporters adequate access to see their athletes. Camping or "setting up" on the bleachers will not be allowed.

To ensure that all swimmers can hear the starter's instructions, please do not cheer or make loud noises while a race is being started. For the comfort of everyone attending the meet,



please refrain from using whistles or noisemakers (e.g. horns) of any kind. Please note that the P.A. system does not transmit outside the building, and swimmers who are outside may not hear the announcements.

Note that if a swimmer is disqualified from an event, the DQ procedures set out in the BCCSSA Rulebook apply. The matter is handled between the applicable Meet Officials and the swimmer's coach. Parents are not involved in the DQ process. Any parent attempting to advocate for their swimmer to any Meet Official will be given one warning. A second offence may result in ejection from the meet at the discretion of the Meet Manager.

## Meet Facilities

### Watermania:

Watermania is an indoor, eight-lane, 50 meter pool, divided by a bulkhead for two 25 meter pools.

There will be two warm-up lanes for all day warm up and cool down. Competitive swimmers are not allowed access to lanes designated as public. Swimmers may not use either the wave pool or hot tubs unless paying an entry fee at WaterMania front desk.

Please no outdoor shoes should be worn on the pool deck to maintain hygiene.

Garbage should be cleaned up by all athletes and their caregivers.

There will be no diving from the blocks during warm up unless unidirectionally swimming (ie all swimmers getting out of pool at the bulkhead and walking back to start blocks).

There will be a lost and found located at the Southwest side of the pool at the 50 meter mark.

### Food:

Food will be available in a concession stand set up by Vancouver Vikings. Otherwise, there are local restaurants. All garbage, recycling and composting must be correctly disposed of in the appropriate receptacles or recycled at home.

### Tents:

There is room for family tents on the grounds, mainly on the north side of the building in the parking lot. Please **leave adequate pathways** for access to and from marshalling. We encourage you to ensure that tents are monitored by a responsible adult at all times. Tenting or camping overnight is not permitted. **No tents or camping equipment may be set up inside the Aquatic Centre.**



## Parking:

Meet Attendees are encouraged to seek green modes of transport to and from the event. Car pooling and public transport are encouraged. There is ample parking available around WaterMania, but we have been requested to please **not park** in the lots of either the Air Park or Laser Tag Center.

## Officials and Volunteers

Each attending club is required to provide deck officials and volunteers. The meet will **not run** without help from all clubs and parents. There will be a sign-up emailed to each club the week prior. Each club's assignment for timers, recorders and place judges will be based on the number of entries for that club. Typically, each club is responsible for providing three volunteers (timers and plunger operators) for one lane for the duration of the meet.

We will not be supplying plastic water bottles or deck food for timers. Officials working long shifts will be provided a "bag lunch". We encourage officials to please bring their own water bottles and/or coffee mugs. Thank you for your assistance.

We also request a list of all intermediate and senior deck officials who will be attending the meet. Please email this information to Jim Ellithorpe, Director of Officials, at [officials@vancouvervikings.com](mailto:officials@vancouvervikings.com)

## Schedule

Watermania will be open from 6am. The meet will begin at **8 AM** sharp on both days.

### Warm-ups (both days)

Group 1: 6:30 - 6:50 AM

Group 2: 6:50 - 7:10 AM

Group 3: 7:10 - 7:30 AM

Clubs' warm up times will be determined and communicated to all coaches by the Vikings Head Coach after all entries have been received. Warm up times may be adjusted depending on the number of swimmers attending the meet.

### Meetings (both days)

**Officials' Meeting:** 7:20 AM (North side pool deck)

**Coaches' Meeting:** 7:40 AM (North side pool deck)

EVENTS - Commencing at 8:00 AM on both days

Girls	Saturday (July 16)	Boys
1	Div 1 100 IM	2
3	Div 2 100 IM	4
5	Div 3 100 IM	6
7	"O" Cat 1 100 IM	8
9	Div 4 200 IM	10
11	Div 5 200 IM	12
13	Div 6 200 IM	14
15	"O" Cat 2 200 IM	16
17	Div 7 200 IM	18
19	Div 8 200 IM	20
21	6 & Under 25 Freestyle	22
23	Div 1 50 Freestyle	24
25	Div 2 50 Freestyle	26
27	Div 3 50 Freestyle	28
29	"O" Cat 1 50 Freestyle	30
31	Div 4 50 Freestyle	32
33	Div 5 50 Freestyle	34
35	Div 6 50 Freestyle	36
37	"O" Cat 2 50 Freestyle	38
39	Div 7 50 Freestyle	40
41	Div 8 50 Freestyle	42
43	Div 1 50 Butterfly	44
45	Div 2 50 Butterfly	46
47	Div 3 50 Butterfly	48
49	"O" Cat 1 50 Butterfly	50

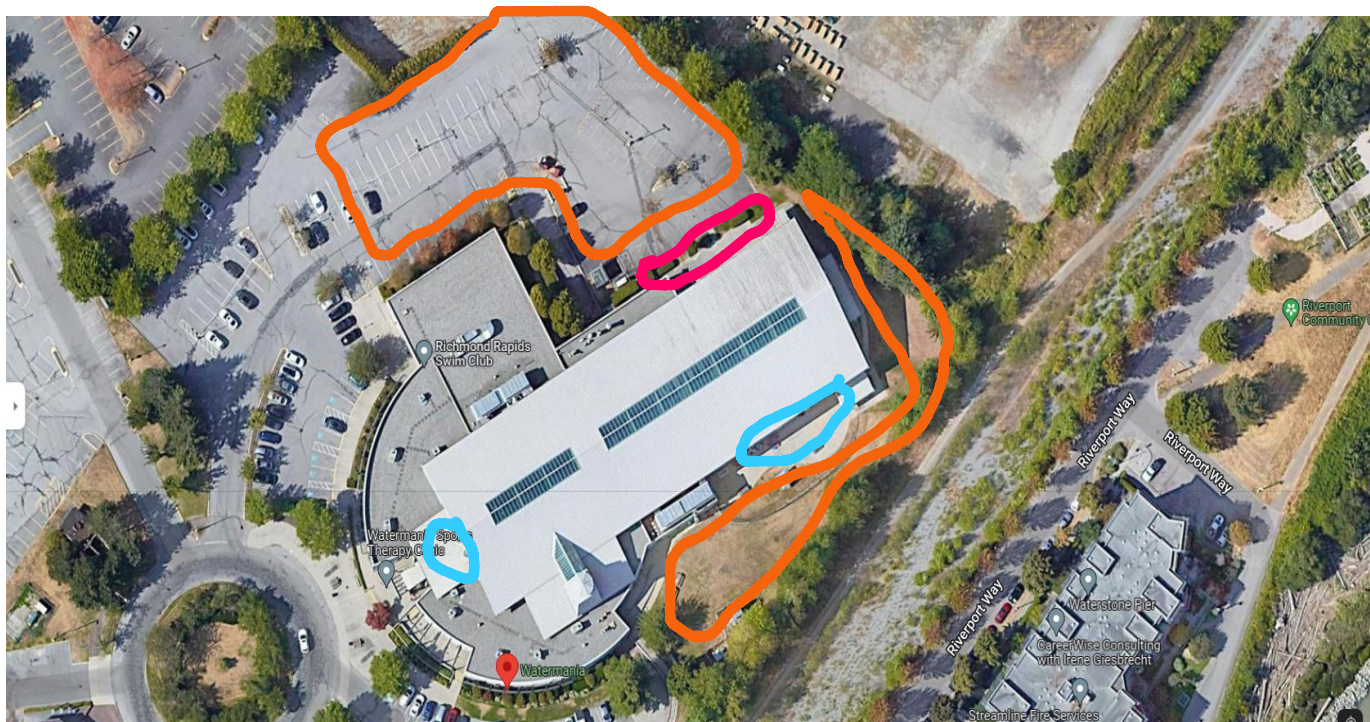





51	Div 4 50 Butterfly	52
53	Div 5 100 Butterfly	54
55	Div 6 100 Butterfly	56
57	"O" Cat 2 100 Butterfly	58
59	Div 7 100 Butterfly	60
61	Div 8 100 Butterfly	62
63	Div 1 200 Medley Relay	64
65	Div 2 200 Medley Relay	66
67	Div 3 200 Medley Relay	68
69	Div 4 200 Medley Relay	70
71	Div 5 200 Medley Relay	72
73	Div 6, 7, 8 200 Medley Relay	74

Girls	Sunday (July 17)	Boys
75	Div 5 50 Butterfly	76
77	Div 6 50 Butterfly	78
79	"O" Cat 2 50 Butterfly	80
81	Div 7 50 Butterfly	82
83	Div 8 50 Butterfly	84
85	6 & Under 25m Backstroke	86
87	Div 1 50 Backstroke	88
89	Div 2 50 Backstroke	90
91	Div 3 50 Backstroke	92
93	"O" Cat 1 50 Backstroke	94
95	Div 4 100 Backstroke	96
97	Div 5 100 Backstroke	98
99	Div 6 100 Backstroke	100

101	"O" Cat 2 100 Backstroke	102
103	Div 7 100 Backstroke	104
105	Div 8 100 Backstroke	106
107	Div 1 50 Breaststroke	108
109	Div 2 50 Breaststroke	110
111	Div 3 50 Breaststroke	112
113	"O" Cat 1 50 Breaststroke	114
115	Div 4 100 Breaststroke	116
117	Div 5 100 Breaststroke	118
119	Div 6 100 Breaststroke	120
121	"O" Cat 2 100 Breaststroke	122
123	Div 7 100 Breaststroke	124
125	Div 8 100 Breaststroke	126
127	Div 1 100 Freestyle	128
129	Div 2 100 Freestyle	130
131	Div 3 100 Freestyle	132
133	"O" Cat 1 100 Freestyle	134
135	Div 4 100 Freestyle	136
137	Div 5 100 Freestyle	138
139	Div 6 100 Freestyle	140
141	"O" Cat 2 100 Freestyle	142
143	Div 7 100 Freestyle	144
145	Div 8 100 Freestyle	146
147	Div 1 200 Freestyle Relay	148
149	Div 2 Freestyle Relay	150
151	Div 3 200 Freestyle Relay	152
153	Div 4 200 Freestyle Relay	154

155	Div 5 200 Freestyle Relay	156
157	Div 6, 7, 8 200 Freestyle Relay	158



	Tenting areas
	Marshalling
	Entrance and exit for parents and athletes